

06/22/2012

Nutrition Facts	
Serving Size 1 cup (227g)	
Servings Per Container 3	
Amount Per Serving	
Calories 110	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 610mg	25%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 7g	
Vitamin A 35% • Vitamin C 6%	
Calcium 2% • Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Water, Chicken, Yellow Onion, Carrots, Egg Noodle(Semolina, Eggs, Niacin, Iron,[Ferrous Sulfate], Riboflavin, Folic Acid0, Chicken Base (Roasted Chicken Meat, Salt, Chicken Fat, Dextrose, Sugar, Naural Flavoring, Chicken Broth, Turmeric), Celery, Canola Oil, Garlic, Fresh Parsley, Spices.

Protein: good source of protein
 Vitamin A - IU: high vitamin A

Contains Egg, Wheat.